ANSAR ARABIC COLLEGE VALAVANNUR

Valavannur P.O, Malappuram Dt., Kerala, Pin: 676 551

Govt. Aided College Affiliated to the University of Calicut and Recognized by UGC u/s 2f & 12(B)

College with Minority Status declared by the National Commission for Minority Educational Institutions, New Delhi



Criterion 7 Institutional Values and Best Practices

7.3.1 PORTARY THE PERFORMANCE OF THE INSTITUTION IN ONE AREA DISTINCTIVE TO ITS PRIORITYBAND THRUST WITHIN 1000 WORDS

SUPPORTING DOCUMENTS NET/SET/KTET CERTIFCATES OF GIRLS





E-certificate No.: JUN20U31219





NATIONAL ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

NTA Ref. No.: 200510972707

Roll No.: KL1350200594

Certified that JINANA PARVEEN C

Son/Daughter of JUMANA ALI

and ALIC

has qualified

the UGC-NET for eligibility for Assistant Professor held on 24th September, 2020 in the subject ARABIC

As per information provided by the candidate, he/she had completed/appeared or was pursuing his/her Master's degree or equivalent examination in the related subject at the time of applying for UGC-NET.

The date of eligibility for Assistant Professor is the date of declaration of UGC-NET result, i.e., 30th November, 2020 , or the date of completion of Master's degree or equivalent examination with required percentage of marks within two years from the date of declaration of UGC-NET result, i.e. by 29th November, 2022 , whichever is later.

This is an electronic certificate only, its authenticity and category in which the candidate had appeared should be verified from National Testing Agency (NTA) by the institution/appointing authority. This electronic certificate can also be verified by scanning the QR Cade.

The validity of this electronic certificate is forever.

Date of issue: 10.12.2020

Senior Director, NTA

Note: NTA has issued the electronic certificate on the basis of information provided by the candidate in his/her online Application Form. The appointing authority should verify the original records/certificates of the candidate while considering him/her for appointment, as the NTA will not be liable for any false information provided by the candidate. The NTA is only responsible for the result which can be verified from the repository available in the website of NTA (ugcnet.nta.nic.in). The candidate must fulfil the minimum eligibility conditions as laid down in the notification for UGC-NET.





E-certificate No.: DEC19U45261

Stiversity Grants Commission



NATIONAL ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

NTA Ref. No.: 190520092024

Roll No.: KL1305202351

Certified that JUMAILA MUDAVANGADAN

San Daughter of SULAIKHA M

and ISMAIL MUDAVANGADAN

has qualified

the UGC-NET for eligibility for Assistant Professor held on 2nd December, 2019 in the subject

As per information provided by the candidate, he/she had completed/appeared or was pursuing his/her 'Muster's degree ar equivalent examination in the related subject at the time of applying for UGC-NET

The date of eligibility for Assistant Professor is the date of declaration of UGC-NET result, i.e., 31st December, 2019, or the date of completion of Illuster's degree or equivalent examination with required percentage of marks within two years from the date of declaration of UGC-NET result, i.e. by 30th December, 2021, whichever is later.

This is an electronic certificate only, its authenticity and category in which the candidate had appeared should be verified from Vlational Testing Agency (NTA) by the institution/appointing authority. This electronic certificate can also be verified by scanning the CR Code.

The validity of this electronic costificate is farever

Date of issue: 08.01.2020

Jularashan

Note: NTA has issued the electronic certificate on the basis of information provided by the candidate in his/her online Application Form. The appointing authority should verify the original records/certificates of the candidate while considering hard/her for appointment, as the NTA will not be liable for any false information provided by the candidate. The NTA is only responsible for the result which can be verified from the repository available in the website of NTA (ugcnet.nta.nic.in). The candidate must fully the measurement elephinty conditions as fairly more in the extension in the recorded.



No. KTET-IV

76341

GOVERNMENT OF KERALA

DEPARTMENT OF GENERAL EDUCATION



ELIGIBILITY CERTIFICATE

Roll Number: 804046

Application Number: 140999



This is to certify that Smt. / Sri. JINANA PARVEEN C

Date of birth 04/10/1997 appeared for Kerala Teacher Eligibility Test October 2018

Category - IV (for Language Teachers Arabic, Hindi, Sanskrit, Urdu (up to Upper Primary classes), Specialist Teachers [Art & Craft] and Physical Education teachers) conducted by Pareeksha Bhavan, Kerala, Thiruvananthapuram on 28/10/2018 and is declared qualified. The details of marks obtained are given below:

Part	Content	Maximum Marks	Marks Obtained
I	Child Development,Pedagogy and Teaching Aptitude	30	14
II	Language (English)	40	33
Ш	Optional Subject (Arabic)	80	50
	TOTAL	150	97
	Percentage of Total marks Obtained		65%

Date of Publication of Result: 13/12/2018



QUANIMATION : NO MERALA

LAL. K. I Secretary

Thiruvananthapuram Dated:13/03/2019...

REGISTER NUMBER	405508
Exam Category - CATEGORY IV	MILIPAL RICH WILL TO
NAME OF CANDIDATE	SHADINA BASNEEN T K
DATE OF BIRTH	24/12/1998
PART I	17
PART II - (Malayalam)	23
PART III - (Arabic)	54
TOTAL	94
RESULTS	QUALIFIED



DEPARTMENT OF GENERAL EDUCATION

TET Kerala Teacher Eligibility Test

ELIGIBILITY CERTIFICATE

Roll Number: 405214

Application Number: 120841



This is to certify that Smt. / Sri. JUMANATH K

Date of birth 03/12/1996 appeared for Kerala Teacher Eligibility Test November 2019

Category - IV (for Language Teachers Arabic, Hindi, Sanskrit, Urdu (up to Upper Primary classes), Specialist Teachers [Art & Craft] and Physical Education teachers) conducted by Pareeksha Bhavan, Kerala, Thirtivananthapuram on 24/11/2019 and is declared qualified. The details of marks obtained are given below:

Part	Content	Maximum Marks	Marks Obtained
I	Child Development,Pedagogy and Teaching Aptitude	30	18
П	Language (Malayalam)	40	19
Ш	Optional Subject (Arabic)	80	54
	TOTAL	150	91
	Percentage of Total marks Obtained		61%

Date of Publication of Result: 06/01/2020



Thiruvananthapuram



LAL. K. I Secretary



No. KTET-IV

84260

GOVERNMENT OF KERALA

DEPARTMENT OF GENERAL EDUCATION



ELIGIBILITY CERTIFICATE

Roll Number: 803335

Application Number: 111927



This is to certify that Smt | Sri. NADHIYA T

Date of birth 25/02/1992 appeared for Kerala Teacher Eligibility Test June 2019

Category - IV (for Language Teachers Arabic, Hindi, Sanskrit, Urdu (up to Upper Primary classes), Specialist Teachers [Art & Craft] and Physical Education teachers) conducted by Pareeksha Bhavan, Kerala, Thiruvananthapuram on 29/06/2019 and is declared qualified. The details of marks obtained are given below.

Part	Content	Maximum Marks	Marks Obtained
I	Child Development,Pedagogy and Teaching Aptitude	30	10
П	Language (Malayalam)	40	22
Ш	Optional Subject (Arabic)	80	53
	TOTAL	150	85
	Percentage of Total marks Obtained		57%

Eligibile for 3% relaxation in the minimum qualifying marks as per GO(AS) No.248/2017 G.Edn Dpt Dated: 15/06/2017

Date of Publication of Result : 29/08/2019



Thiruvananthapuram Dated: 19/11/2019



LAL. K. I Secretary



KERALA TEACHER ELIGIBILITY TEST(K-TET) - NOVEMBER 2019 EXAMINATION RESULTS CATEGORY IV

Register Number

405481

1

Exam Category

CATEGORY IV

04/10/2019

Name

NASIYA THESNI. T.K

Date Of Birth

: 09/05/1996

Father/Guardian Name

: HUSSAIN T.K

MARK LI	ST
PART I	14
PART II (Malayalam)	24
PART III (Arabic)	55
TOTAL	93
RESULTS	QUALIFIED

Date of Publication of Results: 06/01/2020

The results published in the website are for the immediate information to the candidates. This is purely provisional and can not be treated as original mark sheets. Certificates to the qualified candidates will be issued only after the DEO level certificate verification. The qualified candidates are instructed to approach concerned DEO for verification.



No. KTET-

70718

GOVERNMENT OF KERALA

DEPARTMENT OF GENERAL EDUCATION

Kerala Teacher Eligibility Test

ELIGIBILITY CERTIFICATE

Register No.: 403503

This is to certify that Smt./Sri. FIDHA KALLIDUMBIL
appeared for the Kerala Teacher Eligibility Test-Category IV (for Language Teachers-Arabic, Hindl, Sanskrit, Urdu (up to Upper Primary classes), Specialist Teachers
[Art & Craft] and Physical Education teachers) conducted by the Pareeksha Bhavan,
Kerala, Thiruvananthapuram on 19/08/2017 and is declared qualified.
The details of marks obtained are given below:

Part		Content	Maximum Marks	Marks Obtained
1	Child Development and Teacher Aptitud		30	13
11	Language	MALAYALAM	40	24
Ш	Optional Subject	ARABIC	80	48
		TOTAL	150	85

Eligible for relaxation in the minimum qualifying marks as per GO(MS) No. 48/2017/G. Edn Dept Dated: 13/06/2017
Result declared on: 19/09/2017



Thiruvananthapurar Dated 06/01/2018



LALKI Secretary



No. KTET-

72587

GOVERNMENT OF KERALA DEPARTMENT OF GENERAL EDUCATION



ELIGIBILITY CERTIFICATE

Register No.: 803797

This is to certify that Smt. / Srt. SAIMAH MANDOTTIL

appeared for the Kerala Teacher Eligibility Test-Category IV (for Language Teachers-Arabic, Hindi, Sanskrit, Urdu (up to Upper Primary classes), Specialist Teachers [Art & Craft] and Physical Education teachers) conducted by the Pareeksha Bhavan, Kerala, Thiruvananthapuram on 30/12/2017 and is declared qualified.

The details of marks obtained are given below:

Part	100000	Content	Maximum Marks	Marks Obtained
1	Child Developmen and Teacher Aptito		30	12
11	Language	(Malayalam)	40	20
Ш	Optional Subject	(Arabic)	80	52
		TOTAL	150	84

Eligibile for 5% relaxation in the minimum qualifying marks as per GO(MS) No.248/2017/G Edn Dpt Dated 15/06/2017

Result declared on . 05/03/2018



508

Secretary

Board of Examinations (K-TET) Kerala

26/05/2018



No. KTET-IV

81577

GOVERNMENT OF KERALA

DEPARTMENT OF GENERAL EDUCATION



ELIGIBILITY CERTIFICATE

Roll Number: 803302

Application Number: 143183



MANUAL V

This is to certify that Smt. | Sri. HUSNA V

Date of birth 09/01/1998 appeared for Kerala Teacher Eligibility Test June 2019

Category - IV (for Language Teachers Arabic, Hindi, Sanskrit, Urdu (up to Upper Primary classes), Specialist Teachers [Art & Craft] and Physical Education teachers) conducted by Pareeksha Bhavan, Kerala, Thiruvananthapuram on 29/06/2019 and is declared qualified. The details of marks obtained are given below:

Part	Content	Maximum Marks	Marks Obtained
1	Child Development,Pedagogy and Teaching Aptitude	30	16
П	Language (Malayalam)	40	29
Ш	Optional Subject (Arabic)	80	56
	TOTAL	150	101
	Percentage of Total marks Obtained		67%

Date of Publication of Result : 29/08/2019



Thirtuvananthapuratii 19/03/2020



Ses LAL. K.

Secretary Board of Examinations (K-TET)

Kerala



No. KTET-

70719

GOVERNMENT OF KERALA

DEPARTMENT OF GENERAL EDUCATION

Kerala Teacher Eligibility Test

ELIGIBILITY CERTIFICATE

Register No.: 403501

This is to certify that Smt. / Sri. FATHIMA HABEEBAKK

appeared for the Kerala Teacher Eligibility Test-Category IV (for Language Teachers-Arabic, Hindi, Sanskrit, Urdu (up to Upper Primary classes), Specialist Teachers [Art & Craft] and Physical Education teachers) conducted by the Pareeksha Bhavan, Kerala, Thiruvananthapuram on 19/08/2017 and is declared qualified.

The details of marks obtained are given below:

Part	Content	Maximum Marks	Marks Obtained
I	Child Development, Pedagogy and Teacher Aptitude	30	17
II	Language MALAYALAM	40	22
III	Optional Subject ARABIC	80	54
	TOTAL	150	93

19/09/2017

Result declared on : ...



Thiruvananthapuram 06/01/2018

TERALA TERALA

LALK I Secretary

REGISTER NUMBER	405458
Exam Category - CATEGORY IV	JINHAMA TREWN P H. 25-09-0019
NAME OF CANDIDATE	JISHANA THESNI P K
DATE OF BIRTH	24/02/1998
PART I	14
PART II - (Malayalam)	26
PART III - (Arabic)	42
TOTAL	82
RESULTS	QUALIFIED.

^{*} Relaxation allowed as per 50 (At.) No. 48/2017 5Edn dated 13/06/2017 for abitaining minimum mark for passing the exam.



DEPARTMENT OF GENERAL EDUCATION

TET Kerala Teacher Eligibility Test

ELIGIBILITY CERTIFICATE

Roll Number: 405214

Application Number: 120841



This is to certify that Smt. / Sri. JUMANATH K

Date of birth 03/12/1996 appeared for Kerala Teacher Eligibility Test November 2019

Category - IV (for Language Teachers Arabic, Hindi, Sanskrit, Urdu (up to Upper Primary classes), Specialist Teachers [Art & Craft] and Physical Education teachers) conducted by Pareeksha Bhavan, Kerala, Thirivananthapuram on 24/11/2019 and is declared qualified. The details of marks obtained are given below:

Part	Content	Maximum Marks	Marks Obtained
I	Child Development,Pedagogy and Teaching Aptitude	30	18
п	Language (Malayalam)	40	19
Ш	Optional Subject (Arabic)	80	54
	TOTAL	150	91
	Percentage of Total marks Obtained		61%

Date of Publication of Result: 06/01/2020



Thiruvananthapuram



LAL. K. I Secretary



DEPARTMENT OF GENERAL EDUCATION

TET Kerala Teacher Eligibility Test

ELIGIBILITY CERTIFICATE

Register No.: 403605

This is to certify that Smt. / Sri. SALMAKV

appeared for the Kerala Teacher Eligibility Test-Category IV (for Language Teachers-Arabic, Hindi, Sanskrit, Urdu (up to Upper Primary classes), Specialist Teachers [Art & Craft] and Physical Education teachers) conducted by the Pareeksha Bhavan, Kerala, Thiruvananthapuram on 19/08/2017 and is declared qualified.

The details of marks obtained are given below:

Part	Conte	ent	Maximum Marks	Marks Obtained
1	Child Development, Pedago and Teacher Aptitude	ogy	30	15
II	Language MA	LAYALAM	40	24
ш	Optional Subject ARA	ВІС	80	54
		TOTAL	150	93

Result declared on: 19/09/2017



Thiruvananthapuram Dated 96/01/2018



LALKI Secretary

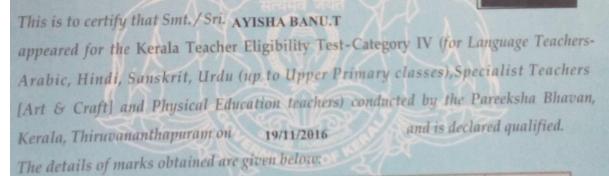


DEPARTMENT OF GENERAL EDUCATION

TET Kerala Teacher Eligibility Test

ELIGIBILITY CERTIFICATE

Register No.: 401611



Part	Content	Maximum Marks	Marks Obtained
1	Child Development, Pedagogy and Teacher Aptitude	30	14
II	Language	40	23
III	Optional Subject	80	54
111	TOTAL	150	91

Result declared on: .30/01/2017.







KERALA TEACHER ELIGIBILITY TEST(K-TET) - JUNE 2019 EXAMINATION RESULTS CATEGORY IV

Register Number

803285

Exam Category

: CATEGORY IV



03/06/2019

Name

FATHIMA JASNA P

Date Of Birth

: 12/04/1995

Father/Guardian Name

: MOIDEEN P

MARK L	IST
PART I	14
PART II (Malayalam)	32
PART III (Arabic)	45
TOTAL	91
RESULTS	QUALIFIED

Date of Publication of Results: 29/08/2019



No. KTET-

72245

GOVERNMENT OF KERALA

DEPARTMENT OF GENERAL EDUCATION



ELIGIBILITY CERTIFICATE

Register No.: 804497

This is to certify that Smt. / Sri. SAFARIYA ANSI P

appeared for the Kerala Teacher Eligibility Test-Category IV (for Language Teachers-Arabic, Hindi, Sanskrit, Urdu (up to Upper Primary classes), Specialist Teachers [Art & Craft] and Physical Education teachers) conducted by the Pareeksha Bhavan, Kerala, Thiruvananthapuram on 30/12/2017 and is declared qualified.

The details of marks obtained are given below:

Part		Content	Maximum Marks	Marks Obtained
1	Child Development, and Teacher Aptitud	0 01	30	8
II	Language	(Malayalam)	40	24
III	Optional Subject	(Arabic)	80	52
10 基 10 直		TOTAL	150	84

Eligibile for 5% relaxation in the minimum qualifying marks as per GO(MS) No.248/2017/G.Edn Dpt Dated:15/06/2017

Result declared on: 05/03/2018



Thiruvananthanuram

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50%

LAL .K .

Secretary Board of Examinations (K-TET)

Kerala



KERALA PUBLIC SERVICE COMMISSION

Candidate Registration Details

Prissword - mobile no: UserID : MUHSINATHAIKAT

Personal

Name Address MUHSINA T THAIKKATT CHERAVANNUR MALAPPURAM VALAVANNUR

31-03-1999 DOB Gender Female

Signature



Relations

Father Mother MUSTHAFA T SALMU C

Guardian Spouse

ID Mark

Nativity

State District

Kerala MALAPPURAM

TIRUR Taluk

Village Local Body

VALAVANNUR VALAVANNUR (Panchayath)

Caste, Community & Reservation

Identification

A MOLE ON THE NECK

Religion

ISLAM

MAPPILA Caste Reservation MUSLIM Group

Height (cms) 157

e-Contacts

MUHSINATHAIKAT@GMAIL.COM

Communication Address

Address THAIKKATT

> CHERAVANNUR MALAPPURAM VALAVANNUR

MALAPPURAM District Taluk TIRUR

VALAVANNUR Village

Loal Body VALAVANNUR (Panchayath)

e-Mail

Mobile 9846060710

Land Ph.

Languages Known					Preference Details		
	Speak	Read	Write	Mother Tongue	Preference	Remarks	Verified
Malayalam	Yes	Yes	Yes	Yes	Prefe	erence details not entered	
English	Yes	Yes	Yes				
Hindi		Yes	Yes				

Educational Qualifications

	Qualification & Subject	University/Board	Reg. No.	% Marks	Passed on	Class	Verified	
1	SSLC General	Edn. Dept - Kerala	272570		03/2014	Distinction	No	
2	Afsal-ul-Ulma Preliminary	Concerned Board/Authority	AAAOPFUR15		04/2016	Distinction	No	

Weightage Details

- vveigittage Group	value Type	Value	Remarks	Verified
1		Majahtaga dataila not an	formal desired	



DEPARTMENT OF GENERAL EDUCATION



ELIGIBILITY CERTIFICATE

Roll Number: 803331

Application Number: 119312



MUHSINA T

This is to certify that Smt. / Sri. MUHSINA T

Date of birth 31/03/1999 appeared for Kerala Teacher Eligibility Test June 2019

Category - IV (for Language Teachers Arabic, Hindi, Sanskrit, Urdu (up to Upper Primary classes), Specialist Teachers [Art & Craft] and Physical Education teachers) conducted by Pareeksha Bhavan, Kerala, Thiruvananthapuram on 29/06/2019 and is declared qualified. The details of marks obtained are given below:

Part	Content	Maximum Marks	Marks Obtained
I	Child Development, Pedagogy and Teaching Aptitude	30	14
П	Language (Malayalam)	40	31
Ш	Optional Subject (Arabic)	80	53
	TOTAL	150	98
	Percentage of Total marks Obtained		65%

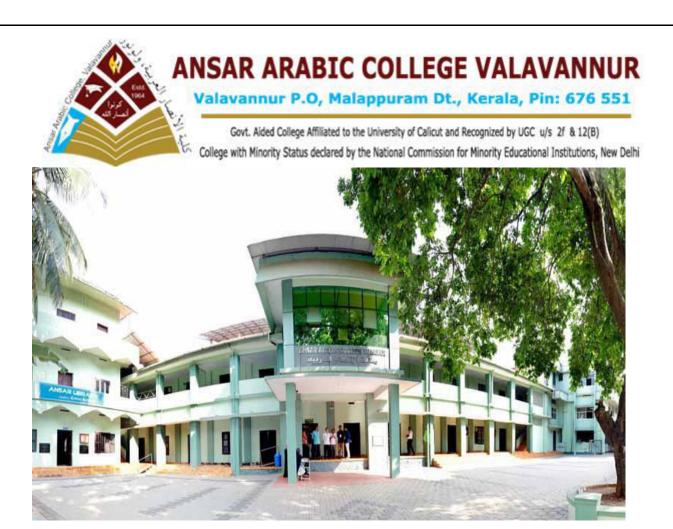
Date of Publication of Result: 29/08/2019



Thiruvananthapuram
Dated: 19/11/2019



LAL. K. I Secretary



Criterion 7 Institutional Values and Best Practices

7.3.1 PORTARY THE PERFORMANCE OF THE INSTITUTION IN ONE AREA DISTINCTIVE TO ITS PRIORITYBAND THRUST WITHIN 1000NWORDS

SUPPORTING DOCUMENTS PHOTOS

PG RANK HOLDER

ചന്ദ്രിക

കെ. ജുഹൈനക്ക് എം.എ അറബിക്കിന് ഒന്നാം റാങ്ക്

കൽപകഞ്ചേരി: കാലിക്കറ്റ് യൂണിവേഴ് സിറ്റി 2020 വർഷം നടത്തിയ എം.എ. (പോ സ്റ്റ്അഫ്ദലുൽ ഉലമ) അറബിക് പരിക്ഷ യിൽ അൻസാർ അറബിക് കോളജ് വി ദ്യാർത്ഥിനി കെ. ജുഹൈനക്ക് ഒന്നാം റാ ങ്ക്.

ജുഹൈന പ്രിലിമിനറി, ഡിഗ്രി പഠനവും അൻസാറിൽ തന്നെയാണ് പൂർത്തിയാ ക്കിയത്. സമീപകാലത്താണ് അൻസാറി ലെ അറബിക് ഡിപ്പാർട്ട്മെന്റ് റിസർച്ച് ഡി പ്പാർട്ട്മെന്റായി ഉയർത്തിയത്. വളവന്നൂർ മയ്യേരിച്ചിറ സ്വദേശി കാലടി അബ്ലുറസാ



ജുഹൈന

ഖിന്റെയും സുഹ്റയുടേയും മകളും, വേങ്ങര സ്വദേശി സയ്യിദ് അ ബുുൽ റാശിദിന്റെ ഭാര്യയുമാണ്.

> Malappuram Edition 4 Feb, 2021 Page No. 14 Powered by : erelego.com



SWACH BHARATH AWARD WINNERS













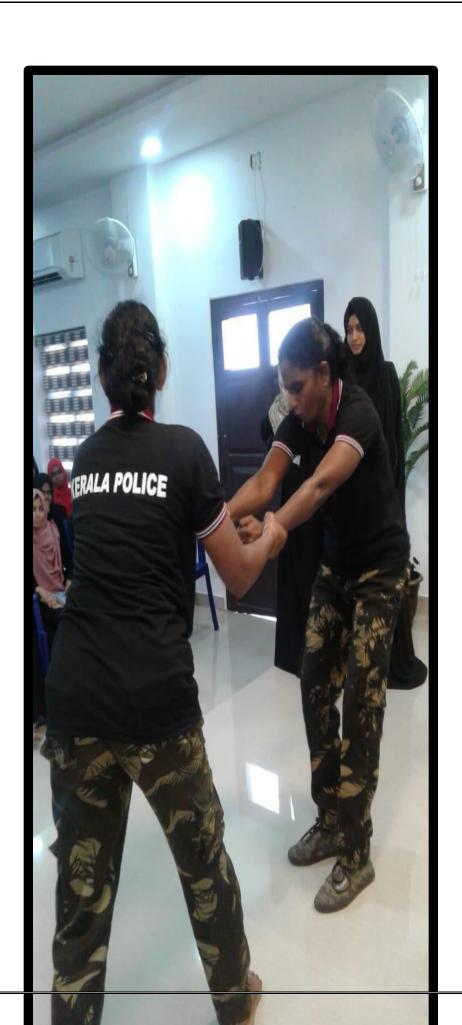
SELF DEFENCE TRAINING











PATHAR VISIT













IT CLASS



GARDENING



GIRL STUDENTS HONOURED THEIR TEACHERS



LEADERS TRAINING FOR GIRLS



BLS(Basic Life Support) Training



VALUE EDUCATION



WOMEN EMPWERMENT PROGRAMME





OLD AGE HOME VISIT 2019-20



OLD AGE HOME VISIT 2018-19



MOTIVATION CLASS FOR GIRLS





VALUE EDUCATION FOR GIRLS



SPECIAL SCHOOL VISIT



CHILDRENS HOME VISIT



SIP (STUDENTS INITIATIVE IN PALIATIVE) UNIT INAUGURATION



GIRLS TOUR







MILMA FACTORY VISIT







TAKING AWARENESS CLASS FOR LP SCHOOL STUDENTS



MOTIVATION CLASS



GIRLS PARTICIPATION IN SPORTS AND GAMES





FIELD TRIP



RELIEF FUND COLLECTION



WOMENS DAY CELEBRATION





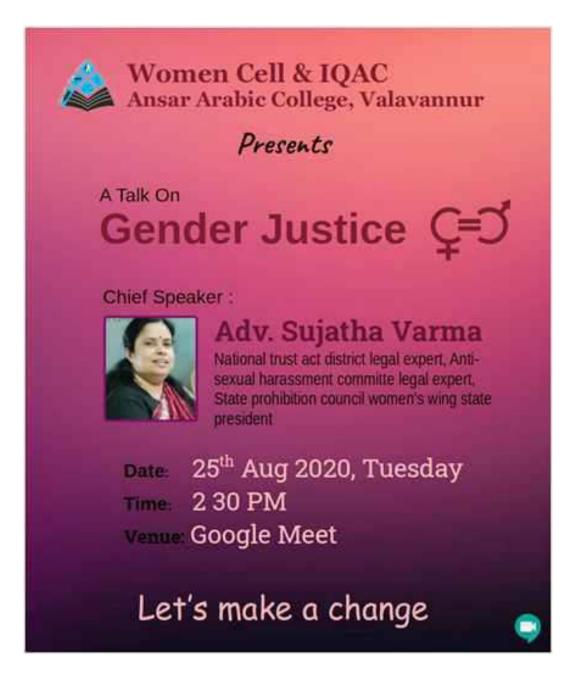


PREMARITAL COUNSELLING PROGRAMME



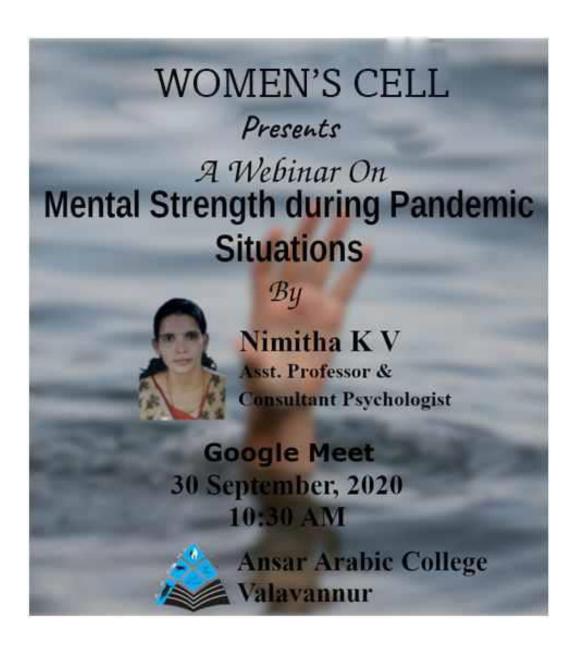






Women Cell Ansar Arabic college conducted a programme on the topic Gender Justice, on 25 th Augest2020, at 2.30 pm. Women cell coordinator Ms Suhrabi welcomed everyone in this programme. Presidential address was done by

Principal of Ansar Arabic College Prof, Ashraf. C. State prohibition council women's wing state president, Adv. Sujatha Varma was given inaugural address. She presented social issues of gender equity in a thoughtful way



On 30th September 2020 at 10:30 am, a webinar was conducted by Ansar Arabic College, Valavanur on behalf of the counselling cell on the topic " Mental strength during pandemic".

The chief guest of the programme was Mrs. Nimitha K.V (Asst. Prof. Wiras college, Kannur, Consultant psychologist) The function by commenced with the welcome speech of Mrs.Suhrabi (Counselling cell Coordinator) Then Prof. C.Ashraf(Principal, Ansar Arabic College, Valavnnur) inaugrated the webinar and he shared few valuable tips regarding mental health of a person.

Later the guest took over the session. She spoke about the importance of maintaining mental health during pandemic. Mrs. Nimitha K.V said that the main reason of mental weakness in the present scenario is due to the isolation from the peer group, family and society. People were prevented from being gathered. This lead to various mental health issues like depression, stress, tension etc. These issues can be solved by applying proper remedies, she added.

Mental health is an important factor to be maintained throughout a person's life. It has a great bond with our physical health. A person without proper physical conditions would find difficulties in maintaing proper mental health. Mrs.Nimitha suggested us to practice exercises and to maintain a proper diet.

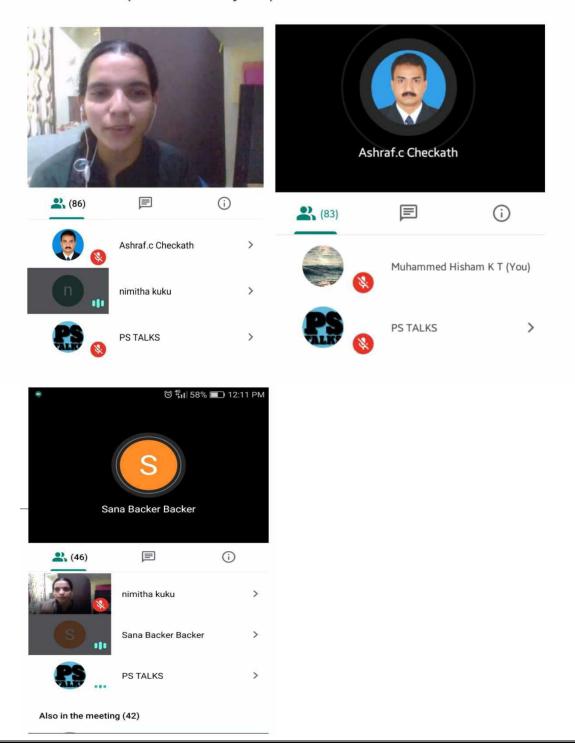
Later on, the guest pointed out few tips to be followed in order to achieve mental fitness. They were as follows:

- i) Try to avoid unnecessary and fake newses related to Covid -19
- ii) Clarify your doubts with authentic personnels inorder to ensure credibility
- iii) Try to create new good habits, practice it for three weeks to achieve the consistency.
- iv) Try to do things that will increase your mood like watching good shows on Television, listening good lectures, practicing yoga, etc.
- v) Face negative situations with positive mentality
- vi)Make use of the free time during the lockdown period for your pending works.
- vii) Have frequent contact with your colleagues, friends and family members using social media platforms, telephone etc.
- viii)Try to do online educational programmes like SWAYAM, Coursera,etc.

Afterwards she gave us some guidelines regarding general matters like screen time regulation and significance of mental hygiene.

There were approximately eighty students throughout the session. The last thirty minutes were interactive. The guest was all in her ears for each and every questions.

The function was curtained with the vote of thanks by Ms.Sana Backer T.K (B.Com 2nd year)



Girls participation In NSS programmes 2019-2020

SI no:	Name	Class
1	Ayisha thasni	BA
2	Femina	BA
3	Fathimath sabna kp	BA
4	Sabna	BA
5	Adila	BA
6	Nidha	BA
7	Mahira rahman	BA
8	Nada hameed	BA
9	Minu rahna	BA
10	Haseeba thasni	BA
11	Sahla thasni	BA
12	Shahana sadique	BA
13	Nasreena	BA
14	Saniyya	BA
15	Naseeha	BA
16	Shameeja	BA
17	Harshina	BA
18	Fahmida	BA
19	Shahma shareef	BA
20	Muhmina	BA
21	Febna sherin	BA
22	Munshida farhana	BA
23	Nabeela	BA
24	Nufaiha	BA
25	Lubna	BA
26	Naseeba	BA
27	Shameema	BA
28	Dilshana sherin	BA
29	Surayya	BA
30	Asna jahan.e	Bcom
31	Shoukiya	Bcom
32	Shamnabi	Bcom
33	Shaman	Bcom
34	Raniya	Bcom
35	Nafidha	Bcom
36	Safa	Bcom
37	Jamsheena	Bcom
38	Suhaila banu	Bcom
39	Nisla	Bcom
40	Suhaila	Bcom
41	Divya	Bcom
42	Fidha	Bcom

43	Shaima	Bcom
44	Sidra	Bcom
45	Thubna	Bcom
46	Rifa	Bcom



SAFETY AND SECURITY OF GIRLS

COUNSELLING ROOM



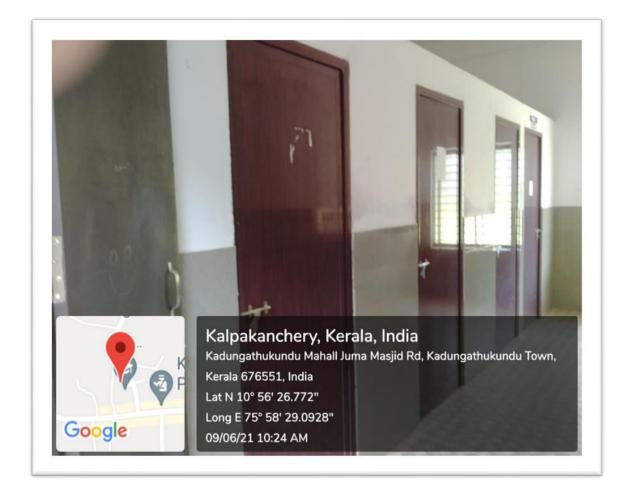


GIRLS ROOM





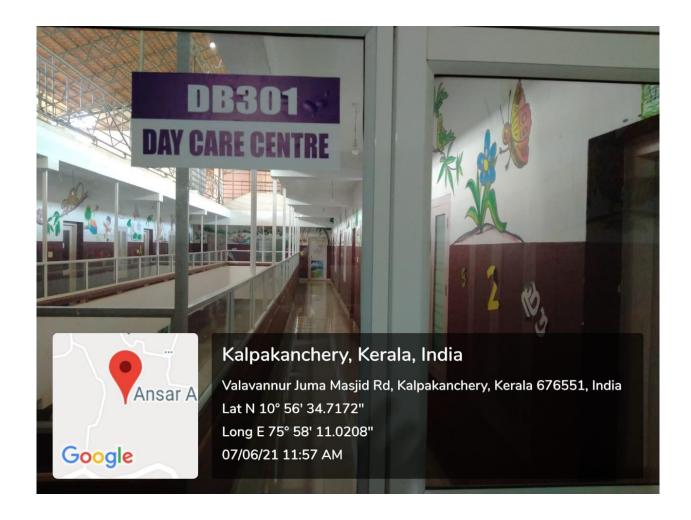
GIRLS WASH ROOMS



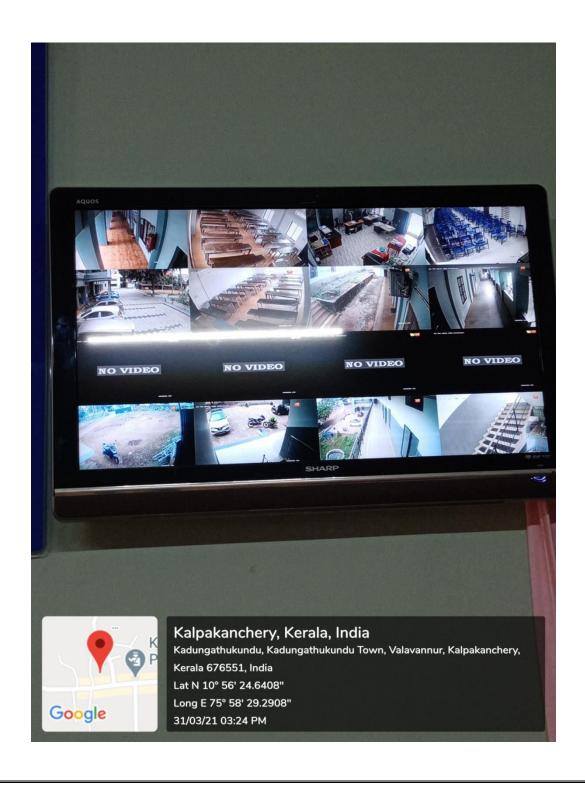
INCINERATOR

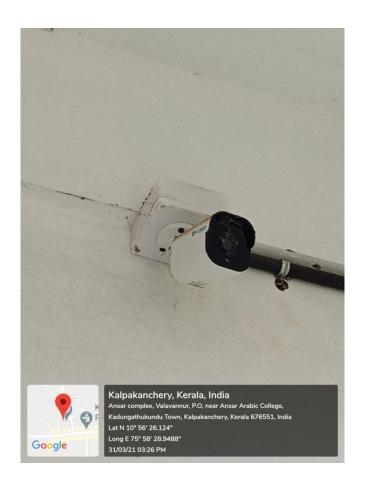


DAY CARE CENTER



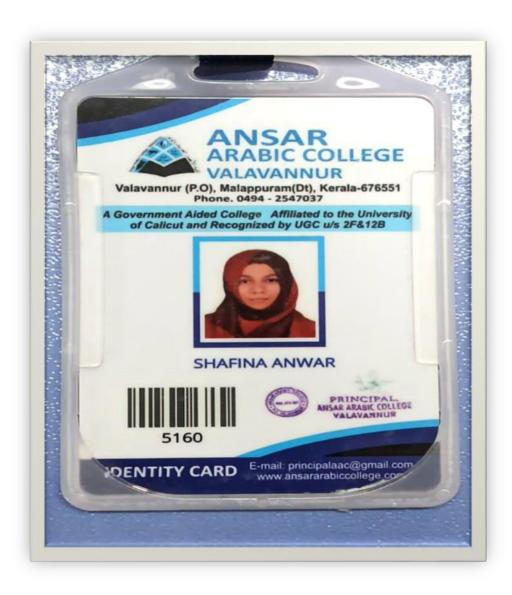
CCTV SURVEILLANCE







STUDENTS IDENTY CARD



SECURITY GUARD





SELF DEFENCE TRAINING



