



# ANSAR ARABIC COLLEGE VALAVANNUR

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**NAAC A Grade (CGPA 3.15)**

*Government Aided College Affiliated to the University of Calicut*

*College with Minority Status from National Commission for Minority Educational Institutions, New Delhi*

## AQAR 2022-23



### **Criterion 7 : Institutional Values and BestPractice**

7.2.1: Describe two best practices successfully implemented by the institutions per NAAC format provided in the Manual.

Supporting Documents:-

# **BEST PRACTICE 1**

## **Shelter with Dignity: The Abhayam Initiative**

Ansar Arabic College Valavannur proudly presents the Abhayam Initiative, a remarkable project dedicated to building hope and providing homes for the homeless. This initiative stands as a testament to the collective efforts of our management, staff, students, and alumni association, who have come together to make a meaningful difference in our community.

### **Objectives**

The Abhayam Initiative, adopted by our college as a best practice, aims to support the marginalized and abandoned, focusing particularly on economically disadvantaged and isolated widows and women. The project seeks to instill social commitment and a sense of community welfare among students, aligning with our college's mission to nurture responsible and empathetic citizens. By engaging students in this initiative, we ensure their active participation and enthusiasm, fostering a deeper understanding of societal issues. Through Abhayam, we strive to create a compassionate support system that addresses the needs of the vulnerable, promoting inclusivity and empowerment within our community.

### **Context**

Abhayam is not just a project; it is a signature program that sets Ansar Arabic College Valavannur apart. It exemplifies our commitment to social responsibility and our dedication to making a positive impact in our community. Through Abhayam, we aim to inspire other colleges and institutions in our district and beyond to undertake similar initiatives. At its core, the Abhayam Initiative focuses on providing permanent, safe, and dignified housing for the homeless. By addressing the fundamental need for shelter, we aim to restore hope and create a stable foundation for individuals and families to rebuild their lives. Our approach goes beyond just providing a roof over their heads; we strive to create a supportive environment that empowers residents to achieve their personal goals and improve their quality of life.

The success of the Abhayam Initiative is a testament to the power of community. The management, staff, and students of Ansar Arabic College have come together with a shared vision of making a tangible difference in the lives of the less fortunate. Our alumni association plays a crucial role, providing not only financial support but also volunteering their time and expertise to drive the project forward.

## **The Practice**

The Abhayam Initiative is a flagship project of Ansar Arabic College Valavannur, dedicated to providing urgent shelter for the homeless through a structured and community-driven approach. This initiative reflects our commitment to social responsibility and community service, with the active involvement of our management, staff, students, and alumni. The process of the Abhayam Initiative unfolds through several well-coordinated stages:

### **Stage 1: Selecting the Most Deserving Families**

The first and foremost step in the Abhayam Initiative is to identify and select the families who are in the most urgent need of a shelter. This selection process is conducted with great care and sensitivity, ensuring that the assistance reaches those who are truly in desperate need. The selection criteria are based on thorough assessments of each family's situation, prioritizing those facing extreme hardships.

### **Stage 2: Fund Collection**

Once the deserving family is selected, the next critical phase is fund collection. This phase sees a collaborative effort from the entire college community:

**Management Contribution:** The college management leads by example, contributing generously to the fund.

**Staff and Students:** Faculty members, non-teaching staff, and students also contribute, demonstrating their commitment to the cause.

**Fair-Minded Donors:** We reach out to alumni and benevolent donors within the community who share our vision and are willing to support financially.

### **Stage 3: Construction of the House**

The third stage involves the actual construction of the house. This phase is marked by the active participation of our NSS (National Service Scheme) volunteers, who put in impressive efforts to ensure the project's success. The construction process includes:

**Basic Structure:** The foundation and basic structure of the house are laid down by professional labourers under the supervision of faculty members.

**Plastering and Tiling:** NSS volunteers, guided by experienced labour experts, participate actively in plastering and tiling, gaining valuable hands-on experience while contributing to the community.

## Aim: One Year, One Home

The goal of the Abhayam Initiative is ambitious yet focused: to complete and hand over one home each year to a deserving family. This objective ensures that our efforts are consistent and sustainable, providing long-term solutions rather than temporary relief.

## Achievement: Handing Over Completed Homes

Since its inception, the Abhayam Initiative has successfully completed and handed over three homes to families in dire need. Each handover ceremony is a poignant reminder of the impact of collective effort and the difference that community-driven initiatives can make in the lives of individuals.

## Supervision and Oversight

The entire project is meticulously supervised by concerned faculty members of Ansar Arabic College. Their oversight ensures that the project adheres to its timelines, maintains quality standards, and fulfills its intended purpose effectively.

## **Evidence of Success: Shelter with Dignity: The Abhayam Initiative**

Ansar Arabic College Valavannur's "Shelter with Dignity: The Abhayam Initiative" has made significant strides in transforming the lives of the homeless in our community. The project has seen remarkable success through the collaborative efforts of the management, staff, students, and alumni association. Here are some key indicators of the initiative's success:

### 1. Number of Homes Built:

Since its inception, the Abhayam Initiative has successfully constructed **THREE** homes for homeless families in the district, providing them with safe and dignified living conditions.

### 2. Community Impact:

The project has not only provided shelter but also a renewed sense of hope and stability for the beneficiaries. Many families have reported improved quality of life and increased opportunities for employment and education.

### 3. Involvement and Engagement:

The initiative has fostered a strong sense of community and teamwork. Over 50 NSS students, staff, and alumni have actively participated in the construction and support activities, enhancing their sense of social responsibility and practical skills.

### 4. Recognition and Awards:

~~The Abhayam Initiative has received widespread recognition, including Best NSS Unit Award~~

from the State Government of Kerala and the University of Calicut , highlighting its positive impact and the dedication of Ansar Arabic College Valavannur.

#### 5. Sustainability and Growth:

The project's sustainability is evident through its continuous growth. Annual fundraisers, donations, and volunteer programs have ensured a steady flow of resources, enabling the ongoing construction of new homes and maintenance of existing ones.

#### 6. Testimonials:

Beneficiaries of the Abhayam Initiative have shared heart-warming testimonials, expressing their gratitude and describing how the project has significantly improved their lives. These stories serve as powerful evidence of the initiative's success.

Through the "Shelter with Dignity: The Abhayam Initiative," Ansar Arabic College Valavannur has not only provided essential shelter to the homeless but also instilled a lasting impact on the community, embodying the spirit of compassion and collective effort.

### **Problems Encountered**

#### 1. Fund Raising Challenges:

-Problem: Raising sufficient funds is crucial for the project's success.

- Impact: Insufficient funds can delay project timelines, reduce the scale of the initiative, and limit the quality of construction.

- Solution: Organizing regular fundraising events, engaging with local businesses, and leveraging online crowdfunding platforms can help. Establishing a transparent reporting system can also build trust with donors.

#### 2. Lack of Labourers on Time:

- Problem: Ensuring the availability of skilled and unskilled labour when needed can be a significant challenge.

- Impact: Labour shortages can lead to delays in construction, affecting the overall timeline of the project.

- Solution: Partnering with local vocational training institutes to ensure a steady supply of trained workers, and creating a volunteer program to involve students and community members.

#### 3. Postponed Semester Exams and Academic Schedule:

- Problem: The academic calendar can conflict with project timelines, particularly during exam periods.

- Impact: This can limit the availability of students and staff who are crucial to the project's progress.

- Solution: Planning the project timeline around the academic calendar and ensuring flexibility to accommodate academic responsibilities.

#### 4. Unexpected Weather Changes:

- Problem: Weather conditions can be unpredictable, causing delays and damage to construction sites.

- Impact: Weather-related disruptions can halt construction, damage materials, and extend project timelines.

- Solution: Implementing weather-resistant construction techniques, using durable materials, and having contingency plans for extreme weather conditions.

#### 5. Hike in Labour Cost for Major Construction Works:

- Problem: Rising labour costs can strain the project's budget.

- Impact: Increased costs can reduce the project's scope or compromise on quality.

- Solution: Negotiating fixed-price contracts with labour providers, seeking volunteer labour, and exploring cost-effective construction methods.

#### 6. Lack of Required Resources in Time:

- Problem: Timely procurement of construction materials and other resources can be a challenge.

- Impact: Delays in resource availability can slow down construction and increase costs.

- Solution: Establishing strong relationships with reliable suppliers, bulk purchasing to reduce costs, and maintaining an inventory of essential materials.

### **Resources Required**

#### 1. Financial Resources:

- Grants and Donations: Sourcing funds from government grants, private donations, and corporate sponsorships.

- Crowdfunding: Utilizing online platforms to raise funds from a larger audience.

#### 2. Human Resources:

- Skilled Labour: Hiring experienced contractors and builders.

- Volunteers: Engaging students, staff, and community members in construction and support roles.

- Project Managers: Experienced individuals to oversee the project and ensure timely completion.

#### 3. Material Resources:

- Construction Materials: Bricks, cement, steel, wood, roofing materials, etc.

- Tools and Equipment: Construction tools, safety gear, machinery for heavy lifting, etc.
- Furniture and Fixtures: Basic furniture, plumbing, and electrical fittings for the completed shelters.

#### 4. Logistical Support:

- Transport: Vehicles for transporting materials and workers.
- Storage: Secure storage for materials and tools on-site.
- Communication: Effective communication systems for coordinating activities and managing resources.

#### 5. Technical Support:

- Architectural Services: Design and planning of shelters.
- Engineering Services: Structural integrity assessments and engineering advice.
- Legal Assistance: Handling permits, licenses, and compliance with local regulations.

By addressing these challenges with a strategic approach and ensuring the availability of essential resources, the Abhayam Initiative can successfully provide dignified shelter for the homeless, building a stronger, more compassionate community.

### **Conclusion**

The Abhayam Initiative of Ansar Arabic College Valavannur stands as a testament to what can be achieved when a community comes together with a common purpose. By providing shelter with dignity, we are not just building homes; we are building hope, stability, and a brighter future for those in need. This initiative embodies the spirit of compassion and solidarity that defines our college and serves as an inspiration for other institutions to follow.

# HANDOVER OF "ABHAYAM BHAVANAM 3"





# BEST PRACTICE - 2

## **NADWA: Nurturing Artistic Diversity With Worldly Awareness**

The primary objective of NADWA at Ansar Arabic College is to cultivate and enhance the literary, creative, and cultural skills of our students through a structured and inclusive weekly training program. By providing a dynamic platform for expression and performance, NADWA aims to achieve many specific goals.

### **Objectives**

1. **Promote Literary Excellence:** Encourage students to develop their writing, storytelling, and critical thinking abilities through various literary activities such as poetry readings, essay writing, and debates. This aims to build confidence and unlock the full creative potential of each participant.
2. **Cultural Enrichment:** Enhance students' understanding and appreciation of different cultures by integrating cultural studies, traditional art forms, and intercultural dialogues into the program. This fosters a sense of global awareness and respect for cultural diversity.
3. **Skill Development:** Offer practical training sessions that focus on developing specific artistic and cultural skills. This includes workshops on public speaking, creative writing, digital media, and other relevant areas.
4. **Inclusive Participation:** Ensure that all students have equal opportunities to participate and perform according to their unique skills and ideas. This inclusivity promotes a supportive environment where every student's talent is recognized and nurtured.
5. **Collaborative Learning:** Encourage teamwork and collaboration among students through group projects and performances. This approach helps build strong interpersonal skills and a sense of community within the college.
6. **Personal Growth:** Support the holistic development of students by integrating activities that boost self-esteem, leadership abilities, and emotional intelligence. NADWA aims to shape well-rounded individuals who are confident and capable of contributing meaningfully to society.

### **Context:**

IQAC of Ansar Arabic College, recognizing the need to support and enhance the literary, creative, and cultural skills of its students, has established NADWA as a key initiative. Given that many students come from rural and socially disadvantaged backgrounds, NADWA serves as a crucial platform for their development. Held during the last period every Wednesday, this

weekly training program features various engaging activities designed to provide equal opportunities for all students to perform and participate according to their unique skills and ideas. Through NADWA, the college strives to nurture talent, build confidence, and promote social commitment among its student body.

By organizing weekly training programs every Wednesday, NADWA aims to provide all students, especially those from rural and socially disadvantaged backgrounds, with equal opportunities to showcase their talents and ideas. The initiative seeks to nurture students' skills, boost their confidence, and instill a sense of social commitment, fostering a community where artistic diversity and cultural awareness are celebrated and promoted.

### **The Practice**

IQAC of Ansar Arabic College has implemented an exemplary practice to nurture literary, creative, and cultural skills among its students through a weekly training program called NADWA. Held every Wednesday during the last period, this initiative ensures active student engagement by offering diverse opportunities to showcase and enhance their talents. The program is meticulously pre-planned and features a welcoming session followed by a variety of activities, including extempore speeches, singing, literature reviews, proverb expansion, moral studies, world news updates, and the introduction of authors and books. Additionally, it includes a quiz segment to further stimulate intellectual growth. Special emphasis is placed on motivating and training students, many of whom come from rural and socially disadvantaged backgrounds, to participate in university, national, and international competitions. This holistic approach not only cultivates students' literary and cultural capabilities but also builds their confidence and broadens their horizons.

### **The Five Stages of NADWA (Nurturing Artistic Development with Worldly Awareness)**

outline a structured approach to fostering student development in artistic and wellness activities.

Here's a detailed description of each stage

#### **1. Planning the Schedule**

In this initial stage, the program coordinators take a strategic approach to designing the weekly schedule. This involves:

- Identifying Objectives: Setting clear goals for what the program aims to achieve each week.
- Activity Selection: Choosing a diverse range of activities that cater to various artistic and wellness interests, ensuring inclusivity and broad participation.
- Resource Allocation: Ensuring all necessary materials, spaces, and mentors are available for

the planned activities.

- **Scheduling:** Creating a balanced timetable that fits within the overall schedule, avoiding conflicts and ensuring optimal participation.

## 2. Practice According to the Scheduled Program

Once the schedule is set, students begin their preparation phase. This stage involves:

- **Guided Rehearsals:** Students practice their respective activities under the guidance of experienced mentors who provide expert instruction and support.

- **Skill Development:** Focused practice sessions aimed at developing specific skills related to the scheduled activities, whether it's a musical performance, a drama piece, a visual art project, or a wellness exercise.

- **Collaboration:** Encouraging teamwork and collaboration among students to foster a sense of community and shared learning.

- **Iteration:** Repeated practice and refinement to ensure students are well-prepared for the participation session.

## 3. The Participation Session

This stage is the culmination of the week's preparation, where students showcase their work.

Key aspects include:

- **Active Participation:** Every Wednesday, students engage in the scheduled activities, performing or presenting their work in front of peers, mentors, and sometimes a broader audience.

- **Real-time Experience:** This provides students with the experience of performing in a real setting, which is crucial for building confidence and stage presence.

- **Diverse Formats:** The session can include performances, exhibitions, or interactive demonstrations, depending on the nature of the activity.

## 4. Evaluation

After the participation session, the focus shifts to assessing the performances. This involves:

- **Constructive Feedback:** Evaluators, often including mentors and possibly external judges, provide detailed feedback on each performance.

- **Assessment Criteria:** Using clear, predefined criteria to ensure fairness and consistency in evaluations, focusing on both technical skills and creative expression.

- **Identifying Strengths and Areas for Improvement:** Highlighting what each student did well and

where they can improve, ensuring feedback is balanced and constructive.

## 5. Feedback

The final stage is dedicated to delivering and acting on the evaluations. This stage focuses on:

- Detailed Reviews: Providing students with comprehensive feedback that goes beyond just performance notes to include suggestions for future improvement and personal growth.
- Encouragement and Motivation: Using feedback as a tool to motivate students, helping them build confidence and encouraging them to strive for higher levels of achievement.
- Continuous Improvement: Encouraging students to incorporate feedback into their practice routine, fostering a mind-set of continuous learning and development.
- Preparation for Competitions: Using feedback to prepare students for participation in higher-level competitions, instilling a sense of progression and ambition.

Each stage of NADWA is designed to create a nurturing environment that supports artistic and wellness development, helping students to grow both personally and creatively.

### **Evidence of Success for NADWA**

The NADWA program at Ansar Arabic College has demonstrated significant success in nurturing literary, creative, and cultural skills among students, particularly those from rural and socially disadvantaged backgrounds. This success can be evidenced by:

1. Increased Participation in Competitions : A noticeable rise in student participation in university, national, and international literary and cultural competitions. Many students have earned accolades and recognition, showcasing the effectiveness of the program in building confidence and competence.
2. Enhanced Academic Performance: Improved academic performance in subjects related to language and literature, as students gain better comprehension and expressive abilities through regular practice and exposure to diverse activities.
3. Development of Public Speaking Skills: Students have developed strong public speaking skills, evident in their ability to perform confidently during extempore sessions and other speaking activities. This skill has been particularly beneficial in their academic and extracurricular pursuits.
4. Cultural Enrichment: A richer cultural awareness and appreciation among students, demonstrated through their participation in moral studies, literature reviews, and world news discussions. This enrichment has fostered a more inclusive and culturally aware school environment.

5. Positive Feedback from Alumni: Former students who participated in NADWA have reported that the skills and confidence gained through the program have been invaluable in their higher education and professional lives.

6. Increased Student Engagement: Higher levels of student engagement and enthusiasm for weekly NADWA sessions, reflected in consistent attendance and active participation. The program has become a highlight of the school week, eagerly anticipated by students.

These indicators collectively underscore the effectiveness of NADWA in achieving its goal of nurturing literary, creative, and cultural skills among students at Ansar Arabic College.

### **Problems Encountered:**

1. Limited Access to Resources: Students from rural and socially disadvantaged backgrounds often have limited access to books, internet, and other learning materials, hindering their ability to fully engage in the program.
2. Insufficient Training for Facilitators: Teachers and mentors may lack the specialized training required to effectively guide students in creative and cultural activities, potentially affecting the quality of instruction.
3. Lack of Infrastructure: Inadequate infrastructure, such as insufficient space or poor acoustics, can limit the effectiveness of performances and interactive sessions.
4. Time Constraints: The program being limited to one period per week may not provide enough time for students to deeply engage with and develop their skills in various activities.
5. Low Motivation Among Students: Some students may lack the initial motivation or confidence to participate actively in the program, particularly if they have not previously been exposed to similar activities.

### **Required Resources:**

1. Educational Materials: A diverse collection of books, journals, and online resources to support literature reviews, moral studies, and world news discussions.
2. Training for Facilitators: Professional development workshops for teachers and mentors to enhance their ability to guide and support students in creative and cultural activities.
3. Improved Infrastructure: Investment in dedicated spaces with proper acoustics and equipment for performances, such as microphones, speakers, and staging areas.

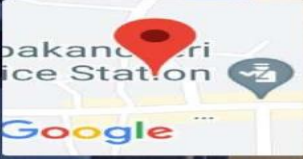
4. **Extended Program Time:** Additional time slots or supplementary sessions to allow students more opportunities for practice and participation.
5. **Motivational Programs:** Initiatives such as guest lectures from successful alumni, motivational speakers, and interactive workshops to inspire and encourage students to participate actively.
6. **Technological Support:** Access to computers, projectors, and internet connectivity to facilitate research, presentations, and exposure to global cultural content.
7. **Feedback and Evaluation Tools:** Development of robust feedback mechanisms and evaluation tools to provide constructive criticism and track student progress over time.

By addressing these issues and equipping the program with the necessary resources, NADWA can further enhance its effectiveness in nurturing the literary, creative, and cultural skills of students at Ansar Arabic College.

## **Conclusion**

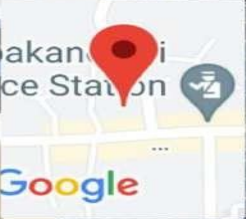
By dedicating the last period of every Wednesday to this initiative, Ansar Arabic College is committed to providing a consistent and enriching experience that prepares students for future academic and professional endeavours, while also instilling a lifelong appreciation for the arts and culture.





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